




RHYTHM
WORKBOOK
For all instruments





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Book 1
Levels 1 & 2

 Quarter note = 1 count

 Half note = 2 counts

 Quarter rest = 1 count (count the beat but don't play)

 Half rest = 2 counts

Between each line (called a bar line) is called a measure. At the beginning of a song, you'll see a number like this: $\frac{4}{4}$, which is called a time meter or time signature. The top number tells us how many counts we have in each measure. If the top number is 4, we only count to 4, then begin again with 1 in the next measure. The notes are named based upon the entire measure, ie the quarter note is $\frac{1}{4}$ th of the measure (of 4 counts), the half note, $\frac{1}{2}$ of the measure.

Play or tap the following rhythms below and count out loud, ie 1, 2, 3, 4 for each beat of the measure.

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
9. 

MM (metronome marking) = _____ (write in your number, than see if you can beat your time).